

# King's Way Christian School

Grades 6-11

## Lunch, Hot and Hearty Choices Daily

Daily Salad Entrée

- (M) Chef
- (T) Caesar
- (W) Taco
- (TH) spinach
- (F) Club

	<b>THE FRESH GRILLE</b>	
<b>Daily Specials As Listed Below</b>	<b>Chicken Burger and Hamburgers</b>	<b>Pizza Cheese Pepperoni &amp; Daily Special</b>

DAILY SANDWICH

CHOICES

- Ham
- Turkey
- and Combo

Sep-08				
Monday	Tuesday	Wednesday	Thursday	Friday
9/1 <b>Welcome Back!</b>	9/2	9/3 Beef Nachos! with Refried Beans and Nacho Cheese Low Fat milk and Salad Bar	9/4 BBQ Chicken Legs with Mashed Potatoes and Warm Biscuit Low Fat milk and Salad Bar	9/5 Beef Teriyaki Dippers with Fluffy White Rice and Oriental Veggies Low Fat milk and Salad Bar
9/8 Belgian Waffle Sticks with Sizzling Sausage and Tater Triangles Low Fat milk and Salad Bar	9/9 Meat Ball Sub with Potato Wedges and Green Beans Low Fat milk and Salad Bar	9/10 French Dip w/Au Jus and Sicilian Veggies Low Fat milk and Salad Bar	9/11 Chicken Fritters with Oven Baked Fries and Golden Corn Low Fat milk and Salad Bar	9/12 Fettuccini In Italian Meat Sauce with Dinner roll Low Fat milk and Salad Bar
9/15 Double Corn Dog Day with Coin Carrots Low Fat milk and Salad Bar	9/16 Sack Lunch Day! Turkey Sub Sandwich Sun Chips, Fresh Fruit Cookie and Low Fat Milk	9/17 Baked Potato Bar With Broccoli & Cheese Low Fat milk and Salad Bar	9/18 Meat Lovers Stromboli with Mashed Potatoes Low Fat milk and Salad Bar	9/19 Caribbean Grilled Chicken with Lettuce & Tomato Low Fat milk and Salad Bar
9/22 French Toast Sticks with Sizzling Sausage and Tater Triangles Low Fat milk and Salad Bar	9/23 BBQ Chicken on a Whole Wheat Bun w/ Sweet Corn and Potato Wedges Low Fat milk and Salad Bar	9/24 Mexican Pita Pizza with Raspberry Churro Low Fat milk and Salad Bar	9/25 Home-Style Popcorn Chicken with Oven Baked Fries and Coin Carrots Low Fat milk and Salad Bar	9/26 Cheese Ravioli In Italian Meat Sauce with Garlic Bread Stick Low Fat milk and Salad Bar
9/29 Double Corn Dog Day with Sweet Corn Low Fat milk and Salad Bar	9/30 Cajun Chicken Breast & Mozzarella Cheese with Steamed Broccoli Low Fat milk and Salad Bar	10/1	10/2	10/3

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer." Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. Questions? Call Joanna Livingston at (360) 816-1293.



to change without notice. Questions? Call Joanna Livingston at (360) 816-1293.

**Meal Prices: Student \$3.00 Adult \$3.50**

*View Your School's Menu Online at [www.chartwellsmenus.com](http://www.chartwellsmenus.com)*